



## Athletic CCA's

### **Badminton**

**3 pm - 4 pm | Opens for G3-G9**

Join in the fun of playing badminton with your friends this semester in our Badminton CCA program. Learn the fundamental skills of serving, returning and smashing the shuttlecock while improving your fitness and having a great time with your friends. No experience is required to participate in this CCA. Students will gain experiences and learn the rules of playing both singles and doubles badminton. Come and join in the fun!

### **Ballet**

**3 pm - 4 pm | Opens for PP-G3**

This group incorporates floor work to develop strength and flexibility, the basic ballet concepts of arm and leg positions and across the floor to create balance, rhythm, musicality, and coordination. The class also encourages freedom of expression and imagination.

### **Basketball – Learn to Play**

**3 pm - 4 pm | Opens for PP-G5**

The Learn-to-Play Basketball CCA program gives our students the opportunity to develop and perfect their dribbling, passing and shooting skills. Students will learn the importance of teamwork and sportsmanship while working on the fundamentals of basketball. They will also develop a better understanding of the game of basketball and improve their self-confidence on the basketball court. On top of the students improving their basketball skills, they will have a great time playing basketball with their friends!

### **Basketball Academy for Elementary (by invitation only)**

**3 pm - 4 pm | Opens for G2-G5**

Want to join the Stamford Lions School Basketball Academy? The School Basketball Academy CCA will practice one day a week. The training will focus on fundamental basketball skills such as dribbling, shooting, and defense as well as working on strategies and teamwork to build a strong and cohesive School Basketball Team. We will look for opportunities for our teams to play in competitions against other International Schools and local schools here in Hong Kong. The Basketball Academy CCA will be lead by Ms. Martins and Mr. Cherry.



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### **Basketball Team Practice (by invitation only)**

**4 pm - 5 pm | Opens for G6-G9**

Want to join the Stamford Lions School Basketball Team? The School Basketball Team CCA will practice one day a week for different age groups. The training will focus on fundamental basketball skills such as dribbling, shooting, and defense as well as working on strategies and teamwork to build a strong and cohesive School Basketball Team. **Students attending this CCA will need to sign up for the Independent Study Class that will be offered from 3 – 4 pm on the same day or choose another CCA on that day from 3 - 4 pm.**

We will look for opportunities for our teams to play in competitions against other International Schools and local schools here in Hong Kong.

### **Gymnastics**

**3 pm - 4 pm | Opens for PP-G3**

**4 pm - 5 pm | Opens for G4-G9**

Flip, twist, tumble and somersault! Who doesn't like to see their child be active, confident and healthy? Stamford's gymnastics CCA teaches children physical literacy, a combination of fundamental movement patterns and foundational sports skills. Strength and flexibility training is included as well as hand-eye and foot-eye coordination while having as much fun as possible. With these skills, children will have a strong foundation to explore and enjoy different sports and physical activities, keeping them active and healthy for life. Gymnastics also helps develop social skills and teaches teamwork – all essential in succeeding in and out of the gym.

### **Introduction to Rugby**

**3 pm - 4 pm | Opens for G2-G4**

The Introduction to Rugby program is a first time offering here at Stamford. This exciting program will teach students the fundamental skills and techniques of rugby. Students will learn how to pass and catch the ball, proper footwork, kicking skills and other important skills required to play the game of Rugby. A great way to learn the game of rugby while enjoying an afternoon of fun with friends! We have two professional players who will be coaching the kids during this CCA.



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**Multi-Sport (Basketball, Indoor Soccer, Racket Sports)**

**3 pm - 4 pm | Opens for G1-G3**

A new and exciting CCA program for our students this Semester. The Multi-Sport CCA will focus on the fundamental skills and techniques of basketball, indoor soccer, throwing & catching, dodging and racket sports. This program will give students a good introduction to the skills and rules of a number of team and individual sports as well as build essential skills to improve coordination and gross motor skills. Each week will be filled with new and exciting games and activities! The kids will love this CCA program.

**Soccer – Learn to Play**

**3 pm - 4 pm | Opens for PP-G5**

The Learn-to-Play Soccer CCA program aims to motivate and develop the skills of our young soccer players through a high-intensity training program that focuses on the fundamentals of soccer while at the same time making it a fun experience for the children. This CCA will introduce students to key skills of the sport including dribbling, passing, shooting as well as defense. As our students' techniques progress, they will be trained to enjoy small-sided competitive games. In the Soccer CCA, the students will improve their individual soccer skills and at the same time learn the importance of teamwork and sportsmanship.

**Soccer Academy for Elementary (by invitation only)**

**3 pm - 4 pm | Opens for G2-G5**

The Soccer Academy CCA will offer students who want to play a more competitive level of Soccer an opportunity to focus on their soccer skills, learn team strategy, and compete against other International Schools and Local Schools in Competitions here in Hong Kong. The students will train once a week to polish their skills and get ready to participate in the Asia Pacific School Sports Association (APSSO). The Soccer Academy will be lead by PE Teachers Jake Carey and Edward Styles along with other Professional coaches. Selection into the Soccer Academy will be based on the student's ability and more importantly, their attitude and work ethic.



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### **Soccer Academy for Secondary**

**3 pm - 4 pm | Opens for G6-G9**

The Soccer Academy CCA will offer students who want to play a more competitive level of Soccer an opportunity to focus on their soccer skills, learn team strategy, and compete against other International Schools and Local Schools in Competitions here in Hong Kong. The students will train once a week to polish their skills and get ready to participate in the Asia Pacific School Sports Association (APSSO) and the Hong Kong School Sports Federation (HKSSF). The Soccer Academy will be lead by PE Teachers Jake Carey and Liliana Martins along with other Professional coaches. Selection into the Soccer Academy will be based on the student's ability and more importantly, their attitude and work ethic. **All students selected into the Soccer Academy will need to purchase a School Soccer uniform.**

### **Learn to Swim**

**3 pm - 4 pm | Opens for PP-G4**

Our Learn-to-Swim CCA program is designed for students who are just learning the skills of swimming. We have partnered with the Stanford Swim School who will provide experienced teachers to guide our younger students in a safe and enjoyable experience in the pool. The students will learn the basic skills of floating, breathing and kicking while progressing into the strokes of freestyle and backstroke. The focus of the class will be getting the students comfortable in the water while at the same time developing their fundamentals of swimming. Three (3) lifeguards will be on duty at all times when the students are in the swimming pool. We will always keep to a very strict ratio of students to teachers in the pool of no more than 5:1 at anytime during this CCA.

### **Swimming - Fitness & Stroke Development**

**3 pm - 4 pm | Opens for G1-G9**

Improve your swimming technique and get fit in this exciting new Swimming CCA program. Students will have the opportunity to continue to develop and improve their swim technique while at the same time improve their endurance and fitness level through consistent and rigorous training. A great way to enjoy an afternoon in the water with your friends and improve your swimming technique and time. **Please note: Students joining this CCA must be able to swim two different strokes x 25 meters. Be confident in the deep water.**



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**Stamford Swim Team (by Invitation only)**

**3 pm - 4 pm | Opens for G1-G9**

**4 pm - 5 pm | Opens for G3-G9**

**3 pm - 5 pm | Opens for G3-G9**

The Stamford Swim Team is aimed for those students looking to improve their swimming skills and compete at a higher level in competitions against schools in Hong Kong as well as overseas. The students participating in the Stamford Swim Team will train at least two days a week with our Swim coaches here at Stamford as well as having extra training outside of school. Our Swim Team will compete in competitions here in Hong Kong while also looking to participate in International Swimming competitions at some stage in the future.

**Taekwondo**

**3 pm - 4 pm | Opens for PP-G6**

The Taekwondo CCA is for students who want to learn the skills and discipline it takes to excel at this popular Martial Arts. Taekwondo helps to improve strength, flexibility, stamina and coordination. The discipline and precision of this Martial Arts help students to develop these important lifelong skills which will help them in all aspects of their life.



## Innovation & Technology CCA's

### **3D Printing**

**3 pm - 4 pm | Opens for G3-G9**

The 3D Printing CCA will be using the Innovation Center to explore 3D design with 3D printing, the perfect intersection where creativity meets technology! Students can design for fun — such as designing movie props or jewelry — or for their business idea — such as a product prototype. There is almost no limit to where 3D printing can take us! In this workshop, the children will:

- Learn 3D design skills including 3D navigation, extrusion, rotating and revolving constructs and much more!
- Learn how 3D printers work
- Design for fun or prototype a product for a business concept
- Print and take home their designs
- Use 3D printing for homework assignments!

### **Coding**

**3 pm - 4 pm | Opens for PP-G9**

Coding is the language of the future, and in this CCA we will continue on from what you have learned in your STEMinn time, and to enhance your understanding and improve your coding skills, all with the idea of creating your own game/app. We will use a number of platforms to help us develop key 21st Century Skills that will prepare you for a better future. [\[click here to read full prospectus\]](#)

### **Discovery Robotics**

**3 pm - 4 pm | Opens for G6-G9**

Building on the success of our semester 1 robotics program, we are looking to develop a robotics club for beginners. To give students the opportunity to explore and experiment with robotics, we will be starting a Discover Robotics CCA where students of all levels can start to code, program and design their own Robot. Students will get the chance to use our VEX Robotics kit, learn how the system works, and all with the aim of developing the skills needed to control the robot. At Stamford, we enter a number of robotics competitions, and these skills will come in handy at these future events where you too could find yourself competing. **(Students are to only attend one of these lessons per week).**



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### **Robotics**

**3 pm - 4 pm | Opens for PP-G5**

Explore the wonders of science, programming, and technology through robotics. Students in the Robotics CCA will enjoy brainstorming, building and experimenting with amazing robots, including Bee-Bot, Dash and Lego Mindstorms! The students will also learn the importance of collaborating with other students in a fun and exciting way!

### **Stamford Creates**

**3 pm - 4 pm | Opens for G2-G6**

At Stamford, our focus is always on student creation. During this CCA, students will get the opportunity to expand their imagination and use various tools to create even more than they dreamed possible. Students will explore augmented reality and virtual reality and look at ways where they could use both – but more creatively. Students will also have the opportunity to delve deeper into some of the innovative apps we use on our iPads again with the focus on creating.

### **STEMinn 2.0**

**3 pm - 4 pm | Opens for G1-G5**

Stamford's STEMinn 2.0 CCA will take Innovation to the next level! While inspiring, engaging and allowing every child to use their imagination, students will have opportunities to turn their visions into reality. Through STEMinn activities, students will be challenged to ask questions, make observations and gather information about a situation that can be solved through new, improved and innovative ways. Design thinking will drive the exploration of drones, 3-D printing, micro-controllers and much more!



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## The Arts CCA's

### **3D Art & Sculpture**

**3 pm - 4 pm | Opens for G3-G5**

In 3-D Art and Sculpture, students will be able to take their creative ideas off the page and into the third dimension! They will have the opportunity to experiment and create with a wide variety of materials and processes to create unique 3D works of art. Students will utilize clay, cardboard, recycled materials, paper maché, fabric and more in their creations while continuing to build on the foundational skills and knowledge in the Visual Arts.

### **Chinese Arts and Crafts**

**3 pm - 4 pm | Opens for G2-G5**

We are very excited to be offering the Chinese Arts & Crafts CCA again this Semester here at Stamford American School. This was an extremely popular program in the 1st Semester, and we are aiming to make it an even more enjoyable and educational program for students this Semester. The Chinese Arts & Crafts CCA will offer students from Grade 2 – Grade 5 who are interested in working with colorful paper, thread, watercolors, and other art materials to create Chinese drama masks and other interesting Chinese Art. The language of the instruction will be Chinese. Come and join the creativity and fun!

### **Chinese Speech and Drama**

**3 pm - 4 pm | Opens for PP-G3**

The Chinese Speech and Drama Club is to nurture students' interests in learning Chinese Language and further develop their Chinese Language ability through various activities and training that help to improve non-verbal expressions in preparation for performances and competitions. Activities include poetry recitation, cross-talks, story-telling, drama as well as giving public speeches.

This program is to help students who are interested in improving their public speaking skills while developing confidence and poise in front of an audience. In our CCA, we will emphasize the pronunciation of words, phrases, and sentences, analyze the appropriate pauses and stresses in an article, as well as share memorization and performing strategies.





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## **Choir**

**3 pm - 4 pm | Opens for PP-G9**

### Grades 6-9 (Friday, with Ms. Tina Batchelder-Schwab)

Choir for grades 6-9 is open to all! This Choir requires no audition and students need no prior experience to join. We will work quickly and with focus. Students interested in singing great literature and working with others who enjoy doing the same are encouraged to participate. This is a wonderful opportunity to work in an ensemble and to gain valuable performance experience. The emphasis of this Choir is to perform, with increasing sophistication, quality pieces from a variety of time periods and cultures. Students will be expected to show progress in their pitch matching, rhythmic accuracy, vocal technique, independence in part-singing and ensemble attitude. Some pieces will require choreography and movement. This Choir will be featured in a performance this semester.

### Grades 2-5 (Thursday, with Ms. Christine Chan)

Choir is a wonderful way to expose young people to great music, ensemble etiquette, teamwork, and many cultures. This Choir requires no audition, and all are welcome! Students are given the opportunity to perform music from many cultures with enthusiasm and expression. Singing is a natural and enjoyable way to develop language skills and teamwork. We will rehearse and perform quality literature, emphasizing confidence-building and independence in part-singing. Enthusiasm, open-mindedness, and focus are most welcome! This Choir will be featured in a performance this semester.

### Pre-Primary-Grade 1 (Monday, with Mrs. Jennifer Hedley)

Choir is a wonderful way to expose young people to great music, ensemble etiquette, teamwork, and many cultures. This Choir requires no audition, and all are welcome! Young children love to express themselves in all kinds of ways including through musical performance. Singing is a natural and enjoyable way to show your creativity and develop your talents. We will rehearse and perform quality literature with the emphasis on good technique, increased confidence, musical expression, and beginner part-singing. Enthusiasm, open-mindedness and focus are most welcome! This Choir will be featured in a performance this semester.



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### **Costume Design**

**3 pm - 4 pm | Opens for G3-G5**

Students who join this CCA will create costumes for performers on stage adding an extra spark and charm to the show. They will follow a full creative process to design looks for different scenes. A brief research on the era and locations, and the study of the personality and mood of the characters will be carried out. Our students will develop their creative thinking for choosing fabrics and other materials and will discuss shapes and finishing touches to match the storylines. This class will be a fascinating trip from drafts and drawings to a real opening night. Come and learn how to design, cut and sew your own costume and help the actors in our production to shine even brighter.

### **Drawing and Painting**

**3 pm - 4 pm | Opens for PP-G9**

The Drawing & Painting CCA is designed to give the students the opportunity to build upon drawing and painting skills and experience, and practice with the expressed goal of further developing the creative invention, honing technical skills, and diverging into areas of experimentation with various materials. Join in the fun to hone your creativity and at the same time enjoy the afternoon with your friends while you produce great works of Art!

### **Extraordinary Prop Art**

**3 pm - 4 pm | Opens for G5-G9**

Students will be a part of the magic of the stage in this unique and exciting art class! They will imagine, design, build, and even utilize the props they create when they go to drama class. Everything from collaborating to make larger than life props to individual mask making will be covered. This is a great class for students who enjoy molding and sculpting to create three-dimensional artworks. Make one-of-a-kind props from the imagination come to life and see them in action with this engaging Art co-curricular activity!

### **Faust Drama**

**3 pm - 4 pm | Opens for PP-G6**

Faust Drama provides fun and lively drama workshops for children looking to boost their confidence, creativity and performance skills! Younger year groups will use a range of popular storybooks as inspiration to help act in character and perform stories in front of an audience. Older year groups will develop more sophisticated drama skills such as physical theatre, improvisation, Shakespearean text and more. All groups will present what they have learned at the end-of-term Open Session for parents.



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### **Fundamentals of Art**

**3 pm - 4 pm | Opens for PP-G4**

Students will participate in fun and interesting art lessons as well as activities centered around various forms of art. Through the use of different art materials, students will develop their technical skills, take creative risks, solve problems, express themselves, and explore their creativity. They will have the opportunity to respond to their peers' artwork, other artist's works, as well as their own, and make connections to inform their thinking and find inspiration. Students will be encouraged to use their imagination and be inquirers in this expressive and engaging after school art class!

### **Jewelery Making**

**3 pm - 4 pm | Opens for G3-G5**

Handcrafts can be lots of fun and making something that you or someone else can wear is even more exciting! The Jewelry Making CCA is new this year and aims to help students make incredible jewelery that they can wear themselves or give to their parents, teachers, or friends. This amazing CCA will help students learn to craft with their hands and practice instruction-based skills.

### **Mandarin Club (Calligraphy & Ba Duan Jin)**

**3 pm - 4 pm | Opens for G4-G9**

This new CCA offering will combine calligraphy with the Chinese Martial art of Ba Duan Jin. Students will have the opportunity to learn both of these traditional Chinese crafts in a fun environment. Calligraphy is an essential component of Chinese Art which allows a more symbolic presentation of the Chinese characters. Students will learn the basic set of rules including dot, horizontal stroke, falling stroke, vertical stroke, and hook. Students learn the rules of the combination of Chinese characters and ways to vary the combinations to create beautiful art while also allowing themselves to express themselves. Ba Duan Jin (also known as "The Eight-Sectioned Exercise" or "The Eight Pieces of Brocade" is the most popular Chinese Qi Gong form. It is a traditional way of exercising to improve health that has more than 1000 years of history.



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### **Musical Production (audition required)**

**3 pm - 4 pm | Opens for G4-G9**

The musical production will be an auditioned musical play for students in grades 4-9. Information, including audition expectations and materials, the rehearsal schedule and cast expectations, will be shared in January. Students will have the opportunity to audition for a production that they will perform in June. Students will be encouraged to increase their risk-taking, confidence and collaboration skills. They will perform in front of an audience, developing a character and projecting their voices, using their body language and improving their singing skills. By taking part in rehearsals, students will demonstrate their commitment and creativity by working together to produce a show. We hope to see many of our students joining this exciting opportunity.

### **Puppet Workshop**

**3 pm - 4 pm | Opens for G2-G3**

In our puppet building workshop, our grades 2 and 3 students will become puppet makers and puppeteers. They will create puppets and put them into performance in our classroom and later at home. Puppets are a potent vehicle for arts education, meeting design and technology outcomes. Our students will be creating their own puppet characters using a range of materials. This experience will encourage children to explore how everyday materials like paper or spare fabric, junk materials, etc. can be transformed into a living, breathing puppets. Manipulation and storytelling form a greater component of this activity encouraging literacy and critical and creative thinking.

### **String Orchestra – Beginning (audition required)**

**3 pm - 4 pm | Opens for G1-G9**

Let's share your music and make new friends in the String Ensemble! This string ensemble provides an introductory ensemble experience for developing string players. It offers instruction on ensemble playing of violin, viola, cello, and string bass instruments, with a focus on the skills necessary for long-term success. Fundamental skills include proper posture and playing position, development of characteristic tone quality and training in music literacy.

This experience is ideal for students who have limited previous participation in instrumental ensembles. It may also be suitable for those already with experience but who may need a review and reinforcement of music reading, playing fundamentals and techniques that are vital for lasting musical development. Students in grades 1-9 are welcome. Students must provide their instruments and should be studying with a private teacher. This ensemble will be featured at a school concert. Auditions are required for placement in this ensemble.



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### **String Orchestra – Advanced (audition required)**

**3 pm - 4 pm | Opens for G3-G9**

The String Orchestra offers a unique platform to encourage young and new musicians to hone their musicianship and improve their playing techniques! This intermediate string orchestra is for students who already have an understanding of essential music reading, instrument assembly and maintenance, correct playing position and sound tone production. Instruction offers a continued focus on the refinement of tone quality, technique, aural skills, and music literacy. Students will provide their instruments and should be studying with a private teacher.

This orchestra will be featured in the school concerts. Placement is by audition including the following requirements:

- Two or more years of experience (or discretion of the director)
- Able to play C, G, D major scales
- Ability to judge basic intonation
- Understanding time and key signatures
- Basic sight-reading

### **Wind Ensemble**

**3 pm - 4 pm | Opens for G2-G9**

Wind Ensemble will give our students who play a wind instrument an opportunity to work together, playing independently, in multiple parts. Students who are currently studying or who have recently studied Flute, Clarinet, Saxophone, and Trumpet are welcome to join. An appropriate level of proficiency is required to participate in this program. Students must provide their own instruments and should be studying with a private teacher. Students will audition on their instrument before the CCA's begin. The Wind Ensemble will be featured in a performance this semester.

### **World Music Percussion**

**3 pm - 4 pm | Opens for G3-G9**

World Music Percussion Ensemble will introduce the students to rhythms, instruments and songs from around the globe. We will focus on African drums, including djembes and tubanos, xylophones and bass bars and a variety of percussion instruments. Students will play in multiple parts and will have the opportunity to improvise and possibly even accompany one of our Choir pieces in the ensemble concert! We will focus on playing style, increasing proper technique and building performer confidence. This group will be featured in a performance this semester.



## Special Interest CCA's

### **Action Blue**

**3 pm - 4 pm | Opens for G6-G9**

How can you tell the difference between real and fake news? What is newsworthy? What makes a good report on school happenings? What does 'journalism ethics' mean? How do I find good story ideas? How do I conduct a good interview? Explore these and many more questions in Action Blue. Our goal is to seek out newsworthy events and people, decide on what probing questions to ask, collect information through interviews, recording and writing, and then skillfully edit and share our projects with the whole school. Projects may include audio podcasts, documentary films, video newscasts, online blogs and more. Students will be able to choose and work on a project that is of interest to them.

### **Battle of the Books**

**3 pm - 4 pm | Opens for G4-G8**

HK Battle of the Books is a live school-on-school battle to find the book trivia champion school. Last year, over 100 schools in Hong Kong competed. The main purpose of the HK Battle of the Books program is to encourage reading. It also aims to expose students to quality literature, representing a variety of literary styles and viewpoints by prominent authors in the area of young adult literature. The game format creates interest and excitement. We will field teams to compete in both the Primary (Grades 4-5 and Secondary (Grades 6-8 competitions. Each section consists of 20 selected books that students will read and study in preparation for the competition. The CCAs will hold up to 20 students in each section with 12 of those students forming a team to compete in each division in May. Competitors will be chosen via an examination with questions on the books in late April.

### **Board Game Fun**

**3 pm - 4 pm | Opens for G1-G3**

Come and join in the fun of playing exciting and educational board games in the afternoon with your friends. Play some of your favorite board games like Connect Four, Checkers, UNO and Mastermind while also learning new games. So much fun to be had and at the same time making friends and improving your problem solving and strategy skills. Come and join in the fun!



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### **Chess – Learn to Play**

**3 pm - 4 pm | Opens for G2-G5**

The Learn-to-Play Chess CCA is designed for students to learn the basics of chess and for those more advanced in chess to learn new strategies to improve their overall understanding of the game. Students will be encouraged to participate in Chess tournaments at a later date. This is a fun way for students to learn the game of chess and enjoy an afternoon playing with their friends.

### **Chess Club**

**3 pm - 4 pm | Opens for G4-G9**

Join the Competitive Chess CCA for an afternoon of fun and strategy while perfecting the skills of Chess. This CCA will help budding Chess players hone their skills in the strategic game of Chess. Each week students will participate against other like-minded individuals to improve their understanding of the game and help build towards competing against other schools here in Hong Kong. Too much fun and excitement to miss out on! Experience in the game of Chess is required to join this CCA.

### **Chinese Reading Club**

**3 pm - 4 pm | Opens for G6-G8**

This CCA is preparing for those students who have registered the “Chinese reading battles” competition with other internationals at the end of April. We will provide an opportunity for students to become enthusiastic and enthralled with the wonderful world of literature. Expand the student librarian reading beyond their usual authors and be actively involved in the promotion of reading in school programs. Ms. Qian Wang will lead the CCA.

### **Competitive Math**

**3 pm - 4 pm | Opens for G6-G9**

Competition Math will be an opportunity for those students who enjoy exploring math and creative problem-solving. We will tackle middle school level math concepts at a deeper level, solving increasingly complex math problems and discussing strategies and solutions. The aim of this CCA will be by the end of the Semester students will be able to compete in Math competitions against other students with similar Mathematic interests.



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### **Dance - Hip Hop / Pop**

**3 pm - 4 pm | Opens for PP-G5**

Join the After School Dance CCA for a fun-filled hour of dancing to pop and hip-hop music. Students will get to dance and have fun by learning some basic dance steps, and by following along to Just Dance and having a great time with their teachers Miss Ennis, Miss Cosgrove, Mrs. Marks and Miss Lau! A great opportunity to exercise, express yourself, and be creative with your friends after school! No previous dance experience is required.

### **Elementary Student Council**

**3 pm - 4 pm | Opens for G3-G5**

The Elementary Student Council CCA is only open to current members of the student council who would like more time to brainstorm and plan for activities in our school and community that the student council can sponsor. The ideas we come up with during the CCA will be shared with our peers during our weekly student council meetings on Thursday mornings. It is open to all junior and senior representatives from grades 3-5.

### **Graphic Novel Creation**

**3 pm - 4 pm | Opens for G6-G9**

Students will learn the important elements of a graphic novel to include how they are designed and read, the relationship between words, graphics and emotions, character and storyline development and artistic technique, intent and expression. Students will use this understanding of the process of graphic novel design to create their very own graphic novels, beginning in print and converting to digital design.

### **Independent Study**

**3 pm - 4 pm | Opens for G5-G9**

The Independent study class runs from 3 - 4 pm and is ideal for students who have enrolled in any CCA that starts at 4 pm (Basketball, Swimming). This class will not be counted towards your weekly CCA limit. Students who are enrolled in this class will need to attend every week before their 4 pm CCA program starts.





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### **Reading Rainbow**

**3 pm - 4 pm | Opens for G1-G3**

Ignite your love of reading during our Reading Rainbow CCA! During our sessions, students will be engaged in a variety of carefully curated read-aloud linked to Social-Emotional Learning. Let your imagination run wild as Miss Costigan and Miss Gray read creative and imaginative stories. Each book will be accompanied by themed crafts or easy recipes.

### **Speech and Debate**

**3 pm - 4 pm | Opens for G6-G9**

The Speech & Debate club helps you improve your public speaking skills, learn about political affairs and connect with other like-minded students. We'll begin by looking at different debate formats and practicing the basics of good public speaking before moving on to competitive debate situations. By the end of the semester, we'll aim to conduct a mock Congress format by speaking.

### **Secondary Student Council**

**3 pm - 4 pm | Opens for G6-G9**

During the 2nd semester, we are excited to begin meeting as a Secondary Student Council on Friday afternoons from 3-4. This is a great opportunity for our elected Student Council representatives to spend time planning fundraisers and student-led events and initiatives. We can't wait to see the impact that our student leaders have on our community at Stamford and in Hong Kong!

### **Yoga Stretching & Mindfulness**

**3 pm - 4 pm | Opens for G5-G9**

Do you need to practice more Mindful breathing or stretching? Do you want to become more flexible? Come join the stretching and yoga CCA. We will practice gentle stretching and introductory yoga poses to help relax after school. Calling students 5th grade to 9th grade to join Mrs. Heath on Thursday afternoons.